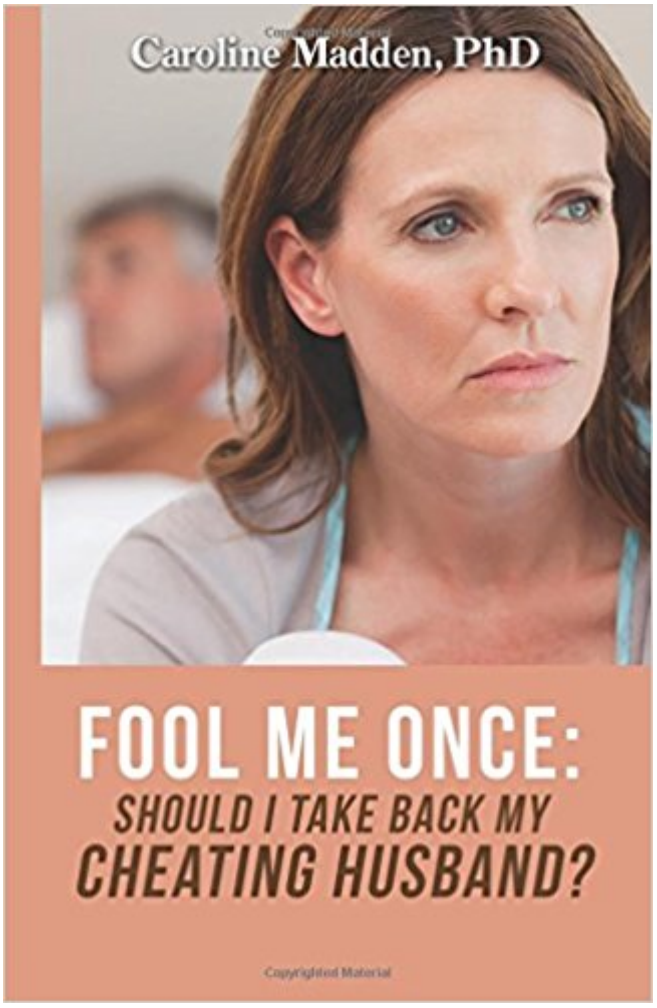
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# Fool Me Once: Should I Take Back My Cheating Husband? (Surviving Infidelity, Advice From A Marriage Therapist) (Volume 2)




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## Synopsis

You've discovered that your husband has cheated on you. Maybe you've discovered incriminating emails or text messages from his lover, or, worse yet, have actually seen them together. Your world is crashing down. You feel like a nuclear bomb just decimated your entire world, and you are trying to shield yourself from the fallout. This is very likely the most painful experience you've ever had. You've been sucker punched in the soul. Ã Â Infidelity in marriage makes you doubt everything, including your own judgement.You are so confused. Your emotions are volatile - one minute you're so angry you could claw his eyes out, the next moment you're devastated with grief because you fear he will to leave you for his affair partner. Ã Â Ã Â You never wanted a divorce, but somehow you are now in this position. Do you take him back or blow up your family? What about the kids? It's all so unfair!Ever since you were a young woman, you told all your friends that if your man ever cheated on you, you would be so out of there. But life isn't black and white anymore, is it? You love your husband. Sure, there might have been issues, but you know that marriage is work.Ã Â You've built a life together. You have a home. You have children. You cringe at the idea of being a single mother and hitting the dating scene. He seems sincere in wanting to work things out. You want to stay married. But then you think to yourself, "Only weak women stay with cheaters. Strong women walk!"Ã Â Then you loop and want a divorce, until you think of your kids being spilt between two homes.... and now you want to stay married. Rinse, Repeat.You can't even think straight and you keep going through a never ending loop of ambivalence. You will never get unstuck until you develop criteria around if your husband is sincere in wanting your marriage to recover after infidelity.Ã Â Caroline Madden, is a Licensed Marriage & Family therapist who specializes in helping women recover from their husband's infidelity. Ã Â In Fool Me Once, she shares the criteria she uses to determine if a man is truly remorseful and determined to save his marriage or if he is likely to cheat again.Ã Â Here is some of the information she shares: 5 Things That Look Suspicious (But Probably Aren't) 5 Signs You Should Consider Giving Him Another Chance 7 Signs He is Going to Cheat Again (And You Will Be Hurt Again) Infidelity in marriage is traumatic and you need to take time to assess the situation. Fool Me Once  will give you the tools you need to evaluate your relationship. It will help you determine whether you should trust your husband or not and decide if your marriage is worth saving. As they say "Fool me once, shame on you. Fool me twice, shame on me." Ã Â

## Book Information

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## Customer Reviews

Caroline Madden, MFT, has produced an uncomplicated and straightforward guide to determining whether or not the wife of a cheating husband should stay or go in the aftermath of his infidelity. This is a must-read for any therapist who works with couples.-Joe Girillo, Marriage & Family Therapist and Addiction Expert Caroline MaddenÃ Â does in this brief work what many others fail to do with more words. Concise and appropriately lengthed, this book gives plenty of information. It defines the basic types of affair and shows behaviors that indicate a repentant husband who has a sincere desire to make his marriage right versus behaviors that warn of a possible chronic cheater. Ã Â -Beth Durkee, award-winning author ofÃ Â Navigating Marital AbandonmentÃ Â andÃ Â The Disposable Noble WifeThis succinct and intelligent guide gives you the perspective that you need to figure out what to do in the aftermath of infidelity. Not every marriage needs to end after cheating, but some should. This book helps you clarify what happened and whether your husband is pathological or able to make things right.-Dr. Samantha Rodman, founder of DrPsychMom.com and author of How to Talk to Your Kids About Your Divorce

Since you were a young woman you told all your friends that if your man ever cheated on you, you would be so out of there. At times you want to stay married. But then you think to yourself, "Only weak women stay with cheaters. Strong women walk!" Then you loop and want a divorce, until you think of your kids being spilt between two homes.... and now you want to stay married. Rinse,

Repeat. Ã Â You can't even think straight and you keep going through a never ending loop of ambivalence. You will never get unstuck until you develop criteria around if your husband is sincere in wanting your marriage to recover after infidelity. I am a Licensed Marriage & Family Therapist who specializes in helping women decide what to do after their husband's infidelity in marriage. In Fool Me Once, I share the criteria I use to determine if a man is truly remorseful and determined to save his marriage or if he is likely to cheat again.

This book is short & to the point. It truly helps you to see what kind of man your dealing with. I loved reading about the ways you know if you have a habitual offender or someone who truly is ready to recommit. Also it’s nice to hear her break down what he means when he says certain things. Affairs are devastating no matter how big or small. This book helped me to have a better outlook on what my man means by what he says right now. I was afraid to trust again not knowing if he would do it again or I’d show him that I allow cheating. Now, I think I understand that he means it when he says he wants another chance and is willing to do whatever it takes. Thanks for this great book!

This book really helped guide me when I was in the unfortunate position of dealing with a cheating husband. It resonated with me a lot and helped me think through some tough questions during a time where I realized a hard time thinking straight at all.

I found it a bit hard to categorize my situation but it gave me a home base soon to speak. The informations is practical and insightful and I also found it to be trustworthy. I would expect it to be helpful to any who find themselves in this awful situation.

This book was excellent. Highly, highly recommend if you are going through infidelity.

Caroline Madden does in this brief work what many others fail to do with more words. An experienced specialist in affair recovery, she understands the pain of the injured spouse and also that of the straying spouse. ÃƒÂ¢Ã â ¬Ã Å“Fool Me Once: Should I take back my cheating husband?ÃƒÂ¢Ã â ¬Ã Â• looks inside the hearts and minds of both, with an eye to advise the injured.Concise and appropriately lengthed, this book gives plenty of information. It defines the basic types of affair and shows behaviors that indicate a repentant husband who has a sincere desire to make his marriage right versus behaviors that warn of a possible chronic cheater. I was particularly grateful for the section that listed some common pitfalls of injured spouses aiming to

reconcile. Trust after betrayal is a tricky thing and it is easy to forget that both partners need sympathetic healing.This book kept me riveted for an entire Saturday morning. Whether you are trying to decide if you should keep him or are beginning your marriage recovery, this book is worth the time you will invest in reading it.Beth Durkee, award-winning author ofÃ Â Navigating Marital AbandonmentÃ Â andÃ Â The Disposable Noble Wife (Christian Romance Tragic)

I highly recommend this book. I found out about my husband cheating after 12 years of marriage and I had no idea what to do. I felt like I was going crazy and I'm glad to know I'm not. I was really thinking about ending my marriage until I read this book. This book really gave me some insight on both point of views. If you are dealing with a cheating husband read this book asap.

OK good info. but not really what I was looking for.

This book was ok. I didn't agree with somethings but most of it was decent advice.

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